



La Selva Community Clinic

La Selva Community Clinic offers a full spectrum of free mental health services for English- and Spanish-speaking adults who are uninsured or under-insured. These services include, but are not limited to:

- 1 **Psychiatry** (assessment and medication management)
- 2 **Case Management** (coordinating care and discharge planning)
- 3 **Counseling - Virtual & In-Person**
- 4 **Day Program**
- 5 **Discount medication support**

Have questions or need help getting started? Our Clinician and Manager, Martha Zambrano, LMFT is here to help! She will answer questions about appointments and our no cost services. Call or text us at 650-484-1428.



LA SELVA GROUP

La Selva Community Clinic
4139 El Camino Way
Palo Alto, CA 94306
<https://thelaselvagroup.org/la-selva-community-clinic/>

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